



THE VID LIFE
THE VOICE IN DESERT
UNIVERSAL KINGDOM

☎ +91 9710493208
🌐 www.thevidlife.org
✉ thevoiceindesert@gmail.com
📍 gnanappalli, # 99, keerappakkam nilaiyam,
keerappakkam, chennai, tn, india - 600127

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THE VID LIFE - FIRST WORLD CONFERENCE 2026

RULES & REGULATIONS FOR VIDEO / AUDIO / COLORWORK / ARTICLE PRESENTATION

Theme - “Disease-Free Body, Permanent Solution” This conference aims to promote global awareness and research-based Videos, Audios, Colorwork and Articles, on holistic health, wellness, and permanent solutions for a disease-free life. It encourages individuals and Institutions to share innovative, scientific, or experiential insights through Videos, Audios, Colorwork and well-written Articles.

- **Announcement Date : 07-10-25**
- **Submission Deadline : 20-06-26**

Eligibility & Specifications :

- Open to individuals, NGOs, Educational Institutions, Medical professionals, Ideologists, Mentors, Researchers, and Students across the globe. No age limit;
- however, participants below 18 must provide a consent letter from parents / guardians / any one organisation. Videos / Audios / Colorwork / Articles can be
- submitted individually or jointly (maximum 2 members) Videos / Audios / Colorwork / Articles may be in any language, but English subtitles are
- mandatory for Videos. Abstract in English (150 - 200 words) is mandatory for Videos / Audios / Colorwork / Articles. Participants may submit one or more categories:
- - ✓ Video
 - ✓ Audio
 - ✓ Colorwork
 - ✓ Article



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Video Format & Technical Requirements :

Videos may include Speeches, interviews, testimonials, short films, animations, or research-based presentations.

- Format: Link only (YouTube/Vimeo)
- Visibility Method: Private
- Private Invitation email : thevidlife78@gmail.com
- Resolution:
 - * 1920×1080 (Full HD) – best
 - * 1280×720 (HD) – acceptable
- Frame Rate: 25 - 30 FPS
- Aspect Ratio: 16:9 (horizontal format)
- Audio Bitrates: 128 - 192 kbps File Size:
- Maximum 1 GB
- Duration: 10–15 minutes

Audio Format & Technical Requirements :

Audios may include Speeches, interviews, testimonials, research-based presentations.

- Format: MP3
- Audio quality: 128 - 256 kbps
- Sample rate: 44.1 - 48 kHz
- Channels: Stereo
- Volume Level: Normalized to avoid distortion or extremely low sound.
- File size: Maximum 60 MB
- Duration: 10–15 minutes

Article format & Technical Requirements:

- Paper size: A4
- Word Limit: Minimum 1000 words Maximum 3000 words



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- **Font: Noto sans**
- **Font size: 12**
- **Line spacing: 1.5**
- **Letter spacing: 0**
- **Lines per page: 20-24**
- **Alignment: Justified**
- **File Format: PDF**

Submission Structure of Articles:

- 1. Title**
- 2. Author's Name & Designation**
- 3. Institution/Organization (if any)**
- 4. Email & Contact Number**
- 5. Abstract in English (150–200 words)**
- 6. Main Content**
- 7. References (APA/MLA if applicable)**

Colorwork Format & Technical Requirements:

Format: jpg/jpeg

Color mode: RGB only

File size: 1MB - 10MB

resolution: 2000px - 3000px

Aspect ratio: free ratio

Export-quality : 80–100%

No visible pixelation,

No AI watermarks,

No AI-generated content.

Metadata: Remove sensitive EXIF data

Orientation: Portrait / Landscape / Square.



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Submission Naming Format for Video / Audio / Colorwork / Article:

Name_Country_Category_Title

Example for Video: RaviKumar_India_Video_DiseaseFreeBody.mp4

Example for Audio: RaviKumar_India_Audio_DiseaseFreeBody.mp3

Example for Colorwork: RaviKumar_India_Article_DiseaseFreeBody.jpg

Example for Article: RaviKumar_India_Article_DiseaseFreeBody.pdf

Submission Procedure :

Submission Checklist:

- * Submission Naming Format of the Video / Audio / Colorwork / Article
- * Participant name(s)
- * Institution/Organization (if applicable)
- * Country & contact details
- * Short description / Abstract (150–200 words) about the Video / Audio / Article.
- * Participants below 18, a consent letter from parents/ guardians / organizations.

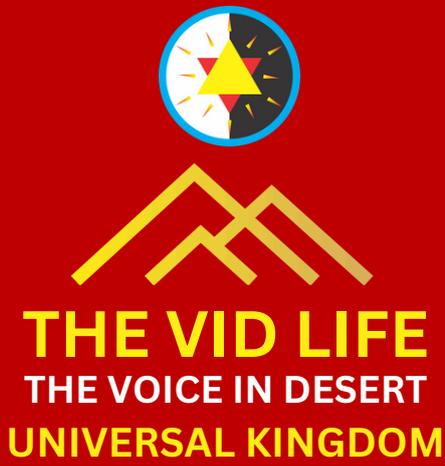
Upload the video Link/ Audio / Colorwork / Article to our website :

www.thevidlife.org Fill out the Online Submission Form (Link provided by organizers).

Evaluation Criteria:

- Theme Relevance - 10 Credits
- Originality – 10 Credits
- Creativity - 10 Credits
- Content - 70 Credits

(1. Value / Message 2. Education 3. Generosity 4. Accessibility 5. Connectivity
6. Continuity 7. Rationality will be calculated in content. 10 Credits for each one)



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Awards & Recognition :

- Best Video Award – Momento, Certificate and ₹ 1,00,000
- Best Audio Award – Momento, Certificate and ₹ 1,00,000
- Best Colorwork Award – Momento, Certificate and ₹ 1,00,000
- Best Article Award – Momento, Certificate and ₹ 1,00,000
- Top 10 Excellence Certificates - Momento, Certificate and ₹ 25,000 Each one
- All participants will receive a Momento and Certificate of Participation.

Terms & Conditions :

- The video / Audio / Colorwork / Articles must strictly adhere to the theme.
- Content should be original – plagiarism or copyright infringement will lead to disqualification.
- Any use of copyrighted music, visuals, or footage must include proper credits or permissions.
- The organizers hold the right to use submitted videos / Audios / Colorwork / Articles for educational or promotional purposes.
- Submission implies that participants agree to all competition rules.
- The decision of the jury panel will be final and binding.
- videos / Audios / Colorwork / Articles once submitted cannot be withdrawn.
- Any violation of the rules may result in disqualification.

For more details, Please contact :

Dr. Celine Hema Malini
Coordinator
Organizing Committee
Call: +91 63694 48004
Email: thevidlife78@gmail.com
Website: www.thevidlife.org

FOR REGISTRATION

